Gender and Sexuality Awareness: Best Practices for Engaging Students and Patients

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What we’ll cover today

• What “expertise” in this area looks like  
  • The harms of assumptions
• Some of the content
• How to translate this to preceptors/patients
• Some of the personal
• Questions from you
Who is an expert?

Patients and people are the experts in their own identities

Language changes allllllllll the time ... roll with the change

Clinics need to be welcoming environments for learners and patients, and you may not always get it right, but be open to being humble about this!
The Gender Unicorn

Gender Identity
- Female / Woman / Girl
- Male / Man / Boy
- Other Gender(s)

Gender Expression/Presentation
- Feminine
- Masculine
- Other

Sex Assigned at Birth
- Female
- Male
- Other / Intersex

Sexually Attracted To
- Women
- Men
- Other Gender(s)

Romantically / Emotionally Attracted To
- Women
- Men
- Other Gender(s)
<table>
<thead>
<tr>
<th>Use:</th>
<th>Stay Away From:</th>
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</thead>
<tbody>
<tr>
<td>Gender inclusive pronouns when possible</td>
<td>Gendered pronouns when unknown or not applicable</td>
</tr>
<tr>
<td>Ex. They/them/their/themselves</td>
<td>Ex. He/him or she/her</td>
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<tr>
<td>Gender inclusive language</td>
<td>Sextist language</td>
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<tr>
<td>Ex. Congressperson, humankind, firefighter</td>
<td>Ex. Congressman, mankind, fireman</td>
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<td>Clear, specific language around gender</td>
<td>Gender assumptions</td>
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<tr>
<td>Ex. Cis-gender female, non-binary person</td>
<td>Ex. Romantic partner vs. husband/wife</td>
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<tr>
<td>Gender neutral identifying language when</td>
<td>Gendered identifying language</td>
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<tr>
<td>appropriate</td>
<td>Ex. Women/moms who are pregnant</td>
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<tr>
<td>Ex. Pregnant people</td>
<td></td>
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<tr>
<td>Specific anatomical language</td>
<td>Gendering bodies based on assumptions</td>
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<tr>
<td>Ex. Bodies with breasts, persons who menstruate</td>
<td>Ex. Menstruating women</td>
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</table>
Accessible and personal depictions of trans+ identities for learning

https://www.youtube.com/watch?v=Zo5VNKfzEE0
https://www.youtube.com/watch?v=bG70shwjRbc
https://www.youtube.com/watch?v=_upX_YWEbg4
WPATH Standards of Care (2022)

World Professional Association for Transgender Health (WPATH) released Standards of Care version 8 in September 2022. Updated standards include additional resources, guidelines for adolescents, allowances for harm reduction and integrate informed consent models of care. Focus of new SOC is on competency of providers, moving AWAY from gatekeeper model of transgender health care.

https://www.wpath.org/publications/soc
Better Care Starts with Knowledge!

Be inclusive as an individual and as a clinic
Speak respectfully
Approach with openness
Educate staff
Treat only the ailment
Ensure privacy
What questions do you have?

get in touch...
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